



Little Brothers - Friends of the Elderly Holiday Hot Meal or F&F Volunteer Job Description

Position Title: Holiday Hot Meal or Friendship & Flowers Deliverer
Supervised By: Event/Site Coordinator
Position Objective: Pick up hot meals or flowers at Minneapolis office location and deliver items to a homebound elder in Saint Paul or Minneapolis.

Duties and Responsibilities:

- Attend LBFE orientation and basic training session (*1 ½ hours*)
- Engage elders in conversation and fellowship during delivery of holiday meal and or Friendship and Flowers
- Respect the confidences of the LBFE organization and recipients of LBFE's services
- Inform LBFE staff or Volunteer Services Manager if you are unable to driver the elder's meal or Friendship and Flowers as planned
- Demonstrate driving confidence in Minneapolis/St. Paul metropolitan area

Qualifications:

- Must have an automobile and a willingness to transport F &F or hot meals to elders
- Desire to enhance the well-being of elders
- Sensitivity to the needs of lonely and isolated elders facing difficult life experiences
- Clearance of Criminal Background check
- Fill out necessary volunteer application forms

Time Commitment:

- 1 ½ hour orientation and basic training
- 12PM to 3PM on Thanksgiving, Christmas or Easter

Training Required:

- General orientation and basic training

Benefits:

- Gain gratification of knowing that the isolation of an elderly person has been relieved
- Develop and enhance driving skills
- Attend on-going training and workshops
- Obtain support and technical assistance from LBFE staff
- Attend LBFE celebrations, activities, and workshops
- Gain experience in the field of aging
- Develop new friendships and experiences
- Discover new areas of the Twin Cities