



Friendship & Flowers

The *Friendship and Flowers Program* is designed to relieve isolation and loneliness by promoting companionship, friendship, and wellness. Volunteer outreach includes a special monthly in-person visit which may include a flower, treat, and friendly conversation. Other methods of engagement during the month may include phone, written or other manners of meaningful contact.

Criteria for admission to the program include:

- 60 years of age or older
- Homebound as defined by Medicare:
 - Leaving home is a major effort
 - Person is normally unable to leave home unassisted
 - When person leaves home, it is to get medical care, or for short, infrequent non-medical reasons such as a trip to get a haircut, or to attend religious services or adult day care
- Elder self identifies as feeling lonely
- The elder must agree to receive services from staff and/or volunteers, including visits in their residence, and signing LBFEE forms. This includes:
 - Willing to make a commitment to participate in the program
 - Willing to share emergency contact information
 - Receptive to remaining in contact with volunteers while in the program
- Socially appropriate
- Able to hold a conversation and to recall volunteers from visit to visit
- Open to establishing new relationships
- Referrals preferred from social service, housing, or medical professionals and providers

Little Brothers-Friends of the Elderly is an international, nonprofit, nondenominational, volunteer-based organization. Our programs support elders who lack connections with family and friends. We help bring together participants and volunteers in friendship and the celebration of life.

For more information, please call 612.746-0738

1845 E. Lake Street, Minneapolis, MN 55407
1295 Bandana Boulevard, Suite 165, Saint Paul, MN 55108