



Professional counseling program welcomes referrals

Professional Counseling Program Client Criteria

The Professional Counseling Program is a home-based counseling program for adults 60 years and over who live in Ramsey or Hennepin County and need professional mental health counseling.

This program uses volunteers who are licensed mental health professionals with a Master's degree or higher.

Criteria for admission to the program include:

- Age 60 and over
- Live independently or in an assisted living facility in Hennepin or Ramsey County
- Experiencing moderate to severe mental health issues which warrant professional counseling, such as:
 - Depression
 - Anxiety
 - Grief and loss
 - Adjustment difficulties
- Amenable to professional counseling, including participation with diagnostic testing and other basic paperwork
- Not currently participating in professional counseling
- Cognitively able to benefit from counseling support
- Clients must not be imminently suicidal or experiencing an acute psychiatric crisis which requires case management services

**For more information or to make a referral, please call
612.746.0720 or 612.746.0728.**

The Professional Counseling Program is funded through a sliding fee scale and contributions from Little Brothers-Friends of the Elderly donors.

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