



# Among Volunteers

June 4, 2009

## Facebook

[Check out the new LBFE Facebook page](#) and become a "fan."

## Volunteer Opportunities

### FRIENDSHIP AND FLOWERS

Needs: **20 volunteers** to deliver flowers, cards and treats to homebound older adults once per month (every 3<sup>rd</sup> Saturday)  
Where: Minneapolis Lake Street Office or St. Paul Bandana Square Office  
When: Saturday, June 20, pick up times are 9 - 11 a.m.

### FRIENDSHIP AND FLOWERS BAKERS

Needs: **Several bakers** to provide 2-3 dozen cookies for older adults receiving Friendship and Flowers visits  
When: Monthly

### OFFICE VOLUNTEERS

Needs: **1-2 volunteers** to answer phones, call volunteers, enter information into our database, and assist with special projects. Good interpersonal and computer skills needed.  
Where: Minneapolis Lake Street Office  
When: 2 days per week

### PICNIC AND BIRTHDAY LUNCHEON by the Galtier Society

Needs: **5 drivers (3 Minneapolis and 2 St. Paul)**  
Where: Bradford House, 3200 Hamline Avenue No. Arden Hills  
When: Saturday, June 13, 12 - 2 p.m.

### BINGO

Needs: **4 volunteers (2 drivers, 2 on-site assistants)**  
Where: Bradford House, 3200 Hamline Avenue No. Arden Hills  
When: Wednesday, June 17, 1:30 - 3:30 p.m.

For more information, contact Nichole Salaam at (612) 746-0753 or [nsalaam@littlebrothersmn.org](mailto:nsalaam@littlebrothersmn.org).

## Training

### Understanding Older Adult Anxiety

Where: Minneapolis Lake Street Office

When: Thursday, June 18, 9 a.m. - 12 p.m.

### Older Adult Depression

Where: Minneapolis Lake Street Office

When: Thursday, June 18, 1 p.m. - 4 p.m.

## LBFE Office Hours

*8 a.m. - 5 p.m., Monday through Thursday.*

All email and voicemail left on Fridays will be answered the following Monday.

## Volunteer Department Information

For questions, inquiries or referrals, please contact **Nichole Salaam**,  
Director of Volunteer Services, at (612) 746-0753 or  
[nsalaam@littlebrothersmn.org](mailto:nsalaam@littlebrothersmn.org).