



Among Volunteers

July 30, 2009

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Volunteer Opportunities

FRIENDSHIP AND FLOWERS

Needs: **50 volunteers** to deliver flowers, cards and treats to homebound older adults once per month (every 3rd Saturday)
Where: Minneapolis Lake Street Office or St. Paul Bandana Square Office
When: August 15, pick up times are 9 - 11 a.m.

Volunteers are also needed to serve homebound older adults in communities of the White Bear Lake Area School District:

Needs: **5-10 volunteers** to deliver flowers, cards and treats to homebound older adults once per month (every 3rd Friday)
Where: White Bear Lake Senior Program, 2484 E. County Rd F, White Bear Lake
When: August 15, pick up times are 8 a.m. - 4:30 p.m.

FRIENDSHIP AND FLOWERS BAKERS

Needs: **Several bakers** to provide 2-3 dozen cookies for older adults receiving Friendship and Flowers visits; drop off sites at Minneapolis or St. Paul offices
When: Monthly

PICNIC AND BIRTHDAY LUNCHEON

Needs: **5 drivers (2 Minneapolis and 3 St. Paul) and 4 volunteers for set up, serving and clean up**
Where: Bradford House, 3200 Hamline Ave N, Arden Hills
When: Tuesday, September 15, 12 - 2:30 p.m.

For more information, contact Nichole Salaam at (612) 746-0753 or nsalaam@littlebrothersmn.org.

Training

There are currently no training opportunities scheduled.

LBFE Office Hours

8 a.m. - 5 p.m., Monday through Thursday.

All email and voicemail left after 5 p.m. on Fridays will be answered the following Monday.

Volunteer Department Information

For questions, inquiries or referrals, please contact **Nichole Salaam**, Director of Volunteer Services, at (612) 746-0753 or nsalaam@littlebrothersmn.org.