



Among Volunteers

October 21, 2009

Please consider forwarding this newsletter to any family and friends who might be interested in volunteering!

Volunteer Opportunities

THANKSGIVING

Needs: **5 older adults wishing to spend the day with a volunteer host**
Where: Volunteer's own home, a restaurant, or a community dining site
When: Thanksgiving Day, Thursday, November 26
Meal time and location is at the discretion of the volunteer host

CHRISTMAS

Needs: **Approximately 25 drivers** to escort clients to holiday meal
Where: Lumen Christi Catholic Community
2055 Bohland Avenue, St Paul
When: Friday, December 25, 12 to 2 p.m.

DRIVER

Needs: **1-2 volunteers** to transport LBFE clients to errands or medical appointments using LBFE minivan
Where: Pick up minivan at Lake Street office and transport clients living in Minneapolis
When: Two times each month beginning in January 2010
Mondays, Tuesdays, or Wednesdays, 9 a.m. to 4 p.m.

For more information on this opportunities, please contact Carolyn Swenson at (612) 746-0753 or cswenson@littlebrothersmn.org

BINGO

Needs: **2 drivers (drop offs and/or pick ups only)**
Where: Minneapolis League of Catholic Women, 207 S 9th St, Minneapolis
When: Tuesday, November 10,
St Paul clients drop off 9:30 a.m./pick up 12:30 p.m.

For more information on this opportunity, please contact Sharon Rebar at (612) 746-0732 or srebar@littlebrothersmn.org

Orientation Sessions

You are cordially invited to attend one of our upcoming Orientation and Basic Training sessions. Whether you are a brand new volunteer to LBFE or a seasoned veteran, you will learn more about the organization's history, current programs, and the future of older adults in Minnesota. Interactive discussions on working with older adults, volunteer motivation, and a review of current agency policies are included in the sessions.

Wednesday, October 28, 5 p.m. - 8 p.m., 1295 Bandana Blvd, #165, St Paul

Saturday, November 14, 9 a.m. - 12 p.m., 1845 East Lake St, Minneapolis

Wednesday, November 18, 5 p.m. - 8 p.m., 1295 Bandana Blvd, #165, St Paul

RSVP: Carolyn Swenson at (612) 746-0753 or cswenson@littlebrothersmn.org.

"Groceries For Good Causes"

Do you shop at Kowalski's Markets, or know someone who does? Kowalski's Markets have designated Little Brothers-Friends of the Elderly as a recipient of the "Groceries For Good Causes" program from October through December. Patrons of Kowalski's can put their grocery receipts into a receptacle indicating LBFE, and Kowalski's will donate a percentage of the receipt to us.

Participating Kowalski's locations are:

- Uptown Market at 2440 Hennepin Avenue in Minneapolis
- Parkview Market at 5615 Chicago Avenue in Minneapolis

Please pass the news on to those you know who frequent Kowalski's!

LBFE Office Hours

8 a.m. - 5 p.m., Monday through Thursday.

Email and voicemail left after 5 p.m. Thursdays is answered the next Monday.

Volunteer Department Information

For questions, inquiries or referrals, please contact Carolyn Swenson, Director of Volunteer Services, at (612) 746-0753 or cswenson@littlebrothersmn.org.