



Among Volunteers

May 20, 2010

FREE TICKETS for ONE MAN MINNEAPOLIS final event on Saturday, May 22

Come on out to support LBFE volunteer, Michael Dietrich, at the final event for ONE MAN MINNEAPOLIS. At 8 p.m. on Saturday, May 22 at the Pantages Theatre, one of the men will be identified as the man who represents the best of the Twin Cities from the perspectives of community involvement, personality, intelligence, and fitness. The winner of ONE MAN MINNEAPOLIS and his affiliated charity split \$5,000.

LBFE has been offered up to 10 free tickets for the event so that elder participants can attend. If you are interested in escorting an elder to the event, and would like to take advantage of the free ticket offer, please contact Carolyn Swenson at (612) 746-0753 or cswenson@littlebrothersmn.org no later than 4 p.m. on Friday, May 21st. If you would like to purchase tickets, general admission price is \$29, which includes the post-party at the Chambers Le Meredian and a chance to win air transportation for two to any Sun Country destination. If you enter "Dietrich" in the code box at the end of the purchase process, LBFE will receive 30% of the ticket price.

Thursday, May 20th is the last day to vote for Michael online.

To vote, order tickets, or learn more about the event, please visit www.onemanminneapolis.com

Thank you for your letters of support for Friendship and Flowers!

Thank you to the 17 Friendship and Flower volunteers who recently wrote a letter of support for LBFE to submit a grant request to the Mille Lacs Band of Ojibwe. We were moved by the outpouring of assistance, and by the beautiful sentiments contained in your letters. Letters of support are helpful as some donors request this type of information to help them decide who should receive their charitable gifts. Thank you for helping us obtain support for our services.

Linder's Flower Mart Fundraiser Thank You

THANK YOU to those of you who participated in our Linder's Flower Mart Fundraiser. We appreciate all you do to support our mission.

Volunteer Opportunities - May and June

ERRAND DRIVERS

Needs: **2 drivers (1 Minneapolis; 1 St Paul)**
Where: Various locations
When: Ongoing basis; twice a month commitment for 2-3 hours each time
Flexible hours determined by volunteer and client

SUMMERTIME FARE FOR ALL DELIVERER

Needs: **1-2 deliverers (1 St Paul, 1 Minneapolis)**
Where: Pick up at LBFE Minneapolis office and deliver to various locations
When: Ongoing basis; usually the third Saturday morning of each month
Deliverers critically needed for months of June-October

BINGO

Needs: **4 drivers (2 Minneapolis; 2 St Paul)**
Where: Minneapolis League of Catholic Women
207 S 9th St, Minneapolis
When: Tuesday, June 8
Drop off 9:30 a.m./pick up 12:30 p.m.

FRIENDSHIP AND FLOWERS

Needs: **8 deliverers (4 Minneapolis; 4 St Paul)**
Where: Pick up at either LBFE office
When: Saturday, June 19 from 9 to 11 a.m.

BIRTHDAY LUNCHEON

Needs: **3 drivers (2 Minneapolis; 1 St Paul)**
1 kitchen helper
Where: Bradford House
3200 Hamline Avenue North, Arden Hills
When: Wednesday, June 16 from 12 to 2:30 p.m.

For more information on these opportunities, please contact
Carolyn Swenson at (612) 746-0753 or cswenson@littlebrothersmn.org

Training Opportunities

Volunteers are invited to attend upcoming in-service sessions hosted by LBFE. All in-services will take place at the Minneapolis office at 1845 East Lake Street.

Thursday, June 17, 1 to 3 p.m.

Topic: Spirituality Needs of Older Adults: A Look at World Views and Religions
CEUs available

Contact **Mary Beth Gustafson** at least one week in advance at (612) 746-0728 or mgustafson@littlebrothersmn.org to RSVP.

Orientation Sessions

You are cordially invited to attend our upcoming Orientation and Basic Training session. New and experienced LBFE volunteers will learn more about the organization's history, current programs, and the future of older adults in Minnesota. Discussions on working with older adults, volunteer motivation, and current agency policies are included.

Wednesday, May 26, 5 to 8 p.m., 1295 Bandana Blvd, Ste 165, St Paul

Saturday, June 12, 9 a.m. to 12 p.m., 1845 E Lake St, Minneapolis

Wednesday, June 23, 5 to 8 p.m., 1295 Bandana Blvd, Ste 165, St Paul

Contact **Carolyn Swenson** at (612) 746-0753 or cswenson@littlebrothersmn.org to RSVP.

Companionship Corner

Memorial Day is almost upon us. While Memorial Day has historically been a day to remember those who have died in service to our nation, many of us now mark the day by remembering all lost family members. Some LBFE volunteers have assisted in this regard by escorting their elder to visit the graves of deceased parents, spouses, or siblings. If physically visiting the gravesite of a loved one is not possible, perhaps consider spending some time reminiscing with the elder about loved ones that are no longer living.

If you have fun or inspiring ideas about your visits with elders that you would like to share with other volunteers, please contact **Carolyn Swenson**, Director of Volunteer Services, at (612) 746-0753 or cswenson@littlebrothersmn.org.

Volunteer Department Information

For questions, inquiries or referrals, please contact **Carolyn Swenson**,
Director of Volunteer Services, at (612) 746-0753 or
cswenson@littlebrothersmn.org. Office hours are Monday-Thursday from 8 a.m.
to 6 p.m.