



Vital Aging Network

Be the Change

Making a difference in our community

Thursday, January 26, 2012

6:00 PM to 8:00 PM

Our Saviour's Lutheran Church

Fellowship Room

674 Johnson Parkway

Saint Paul, MN 55106

See map: [Google Maps](#)

Do you care about your Saint Paul community and want to be a part of making it better?

This workshop is designed for people 50+ who are interested in being engaged in their communities. The workshop will explore shifts in community and how we, as citizens, can re-ignite our commitment to making our communities work.

The program will include active participation and humor.

Walk away with an understanding of:

- The importance of being involved in our community.
- The benefits of getting involved for yourself and for the community.
- Concrete steps you can take now and later.

Want to know more? Contact LuAnne Speeter at 612.746.0753 or lspeeter@littlebrothersmn.org for more information or to register.



"Individuals with a mature sense of civic identity are fully engaged, fully human citizens of their communities. . . . They see their role in life as contributing to the long-term greater good. And perhaps most importantly, they have the courage to act."

--L. Lee Knefelkamp, "Diversity & Democracy: Civic Learning for Shared Futures"

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